

TRAUMA AND THE BRAIN

THE PSYCHOBIOLOGY OF TRAUMA



Thursday, September 16, 2010
10:00 AM—12:00 PM

RMS Building

1400 McCormick Dr.
3rd Floor Conference Room
Largo, MD 20774

Presented by Lisa S. Hovermale, M.D.

Psychiatrist and Liaison between Developmental Disabilities
Administration and the Mental Hygiene Administration

Many of the most challenging victims that we work with have been maltreated both in an abusive relationship and early in life. Their ability to regulate emotions and responses to stress are often severely compromised and can result in aggression and disruptions, which can interfere with service delivery.

Their children who are exposed to domestic violence, and who may be abused themselves, are particularly at risk because they are being traumatized and experiencing chronic stressors at a young age while their brain is still developing. This can cause dysregulation of their emotions and behavioral problems that can prohibit their ability to function in school, at home, and in the community.

Instead of dismissing the aggressive or disruptive behavior of victims and their children as merely problematic, gain a trauma-informed perspective and learn how trauma affects the anatomy and physiology of the brain. Improve your work with challenging clients and learn to help them regulate their emotions and establish new behavioral patterns that will improve their quality of life.

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